



Tennessee Occupational Therapy Association

**Schedule for 2019 TNOTA Conference
September 7, 2019
University of Tennessee Chattanooga
Chattanooga, TN**

Time	Session				
7:00-8:00	REGISTRATION outside Tennessee Room				
8:00-9:00	KEYNOTE ADDRESS Rise Above: New Day, New Way AOTA President Wendy C. Hildenbrand, PhD, MPH, OTR/L, FAOTA Tennessee Room				
9:00-9:15	BREAK				
9:15-10:15	Session 1: Developing Clinical Competency and Advancing Experiential Learning Through Interactive Simulations Tennessee Room	Session 2: Occupational Based Intervention of Bathing: Case Reports in Rural Home Health Signal Mountain Room	Session 4 (2 hrs): State of the Art in Mental Health Assessment: Incorporating the Recovery Model into your Practice (9:15-11:15) Raccoon Mountain Room	Session 5 (2 hrs): Orthosis Fabrication Workshop (9:15-11:15) Chattanooga Room C	Student Conclave Part 1: Let's talk about the NBCOT® National Certification Exam! Chattanooga Rooms A and B
10:30-11:30	Session 3: Introduction to Coaching for the Everyday Occupational Therapy Practitioner Signal Mountain Room				Student Conclave Part 2: Panel Discussion Chattanooga Rooms A and B
11:30-12:45	LUNCH SESSIONS – (lunch is provided) TNOTA Presidential Address- David S. McGuire, OTR/L TNOTF Scholarship Awards Presentation OT Consumer Keynote- Peter Willkerson Tennessee Room				

1:00-2:00	POSTERS AND EXHIBITORS Tennessee Room			
2:00-3:00	Session 6: Occupational Injustice: Interventions for Mental Health and Justice Based Populations Tennessee Room	Session 8: Special Interest in Hand Therapy Chattanooga Rooms A and B	Session 10 (2 hrs): Therapeutic Use of a Horse (2:00-4:00) Signal Mountain Room	Session 11 (2 hrs): Kawa Model: The Flow of Practice (2:00-4:00) Raccoon Mountain Room
3:00-4:00	Session 7: NBCOT Navigator®: The Next Era in Continuing Competency Tennessee Room	Session 9: Experiences of Primary Caregivers and Individuals with TBI and Implications for Occupational Therapy Practice Chattanooga Rooms A and B		
4:15-6:15	ETHICS AND JURISPRUDENCE Tennessee Room			

Session Descriptions

7:00 to 8:00: REGISTRATION

8:00 to 9:00: KEYNOTE ADDRESS

“Rise Above: New Day, New Way”

AOTA President Wendy C Hildenbrand, PhD, MPH, OTR/L, FAOTA

On July 1, 2019, President Wendy Hildenbrand officially assumed her new role in service to the AOTA and to the profession. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our Association, as well as the resilience and wellbeing of our occupational therapy workforce. In her keynote presentation, President Hildenbrand will share her ideas about how we reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

9:00 to 9:15 BREAK

One-hour sessions (choose two):

9:15 to 10:15:

Session 1: Developing Clinical Competency and Advancing Experiential Learning Through Interactive Simulations (1 hour): This course will review the benefits of simulations in the training of students and faculty in occupational therapy programs. Types of simulation modalities will be reviewed. Steps for selecting simulation modalities will be described. Finally, the process for integrating simulations into an OT curriculum and Fieldwork I Experiences will be discussed. **Presenters: Clint Johnson, MA, CCC-SLP, CHSE**

Session 2: Occupational Based Intervention of Bathing: Case Reports in Rural Home Health (1 hour): Although bathing skills can be an indicator of long-term placement, documentation of occupational therapists doing bathing as an occupation-based intervention is limited. Five clients were referred to a hospital-based home health agency with various diagnoses and at different levels of functioning. Results of task specific intervention was significant improvement. **Presenter: Roderick Morgan, OTD, MS, BSBA, OTR/L**

10:30 to 11:30:

Session 3: Introduction to Coaching for the Everyday Occupational Therapy Practitioner (1 hour): Coaching has become a frequently used term in healthcare literature, but how much knowledge do most occupational therapy practitioners have about it? This course intends to introduce the concept of coaching, review the current evidence related to coaching and begin to identify how coaching can be used in everyday practice. **Presenter: Kimberly Lowe Breeden, MS, OTR/L**

OR Two-hour sessions (choose one):

9:15 to 11:15:

Session 4: State of the Art in Mental Health Assessment: Incorporating the Recovery Model into your Practice (2 hours): Contemporary mental health programs are guided by the recovery model, which emphasizes a consumer's perspective. It recognizes that a person may have active symptoms yet still live a meaningful life. OT assessment, in the recovery perspective, focuses on community living. This workshop introduces assessment tools relevant to this approach to mental health practice. **Presenter: Elicia Dunn Cruz, PhD, OT/L**

Session 5: Orthosis Fabrication Workshop (2 hours): This session will focus on orthoses and materials for the hand and upper extremity. An orthosis fabrication demonstration will be provided. Attendees will have the opportunity to fabricate an orthosis during the lab session. **Presenter: Peggy C. Haase, OTR, CHT**

***** STUDENT CONCLAVE*****

Student-only sessions will take place concurrently with morning sessions from 9:15-11:30am.

Student Conclave Part 1 (9:15 To 10:15): Let's talk about the NBCOT® National Certification Exam! This presentation will provide information on preparing for the NBCOT national certification examination, as well as the examination application process and the benefits of certification. The mission of NBCOT is to serve the public interest by advancing client care and professional practice through evidence-based certification standards and the validation of knowledge essential for effective practice in occupational therapy. NBCOT demonstrates these practices by developing, administering, and continually reviewing the certification process based on current and valid standards that provide reliable indicators of competence of the practice of occupational therapy. **Presenters: Barbara Williams, DrOT, MS, OTR and Shaun Conway, OTR**

Student Conclave Part 2 (10:30 to 11:30): PANEL DISCUSSION

11:30 to 12:45: LUNCH SESSIONS (lunch is provided)

TNOTA Presidential Address- David S. McGuire, OTR/L

TNOTF Scholarship Award Presentation

OT Consumer Keynote: Peter Wilkerson. Peter Wilkerson was a healthy, active assistant basketball coach at Covenant College who was feeling under the weather. Days after being told he most likely had mono, Peter's mobility started to erode. He called a friend to take him to the hospital, but fell to the ground while attempting to walk to her car. Peter was diagnosed with Guillain-Barré syndrome, lost the ability to walk and eat, and found himself in the intensive care unit (ICU) at his local hospital. After leaving the ICU, he began a difficult journey toward recovery at Siskin Hospital for Physical Rehabilitation.

1:00-2:00: POSTERS AND EXHIBITORS (see below for poster titles)

One-hour Sessions (choose two)

2:00-3:00:

Session 6: Occupational Injustice: Interventions for Mental Health and Justice Based Populations (1 hour): This course will review the role of occupational therapy within the criminal justice system and in mental health settings, and the overlap in the two practice areas. Participants will learn about the challenges those within the criminal justice system, especially those who also have a mental illness, face including occupational injustice. Participants will understand OT's role in reducing recidivism rates of the mental health population through practical interventions, including addressing the sensory needs of adults with mental illness. Many of these concepts can and should be applied across a variety of settings and contexts. **Presenter: Kaylin Flamm, MSOT, OTR/L**

Session 8: Special Interest in Hand Therapy (1 hour): For OTs and OTAs working in physical disabilities. This session will focus on special interest topics in hand therapy for the hand and upper extremity. Attendees will have the opportunity to share challenging cases with hand and upper extremity patients. **Presenter: Peggy C. Haase, OTR, CHT**

3:00-4:00:

Session 7: NBCOT Navigator®: The Next Era in Continuing Competency (1 hour): NBCOT has created a virtual platform, the Navigator®, for OTR® and COTA® certificants to engage in continuing competency assessment throughout their professional careers. Based upon a national practice analysis study, as well as current evidence, this innovative and dynamic virtual technology platform is designed to support OT certificants by providing feedback on current practice skills and introducing evidence-based resources. Nationally recognized and award winning, the Navigator tools are ground breaking within the OT profession as well as the national certification industry. **Presenters: Barbara Williams, DrOT, MS, OTR and Shaun Conway, OTR**

Session 9: Experiences of Primary Caregivers and Individuals with TBI and Implications for Occupational Therapy Practice (1 hour): The purpose of this course is to share strategies and interventions that can be implemented to fill gaps in services for families and individuals who have experienced traumatic brain injury. Occupational therapists can help foster resilience for improved functional outcomes, quality of life, and overall independence with daily living skills. **Presenter: Lauren Woods, MS, OTR/L**

OR Two-hour sessions (choose one)

2:00-4:00:

Session 10: Therapeutic Use of a Horse (2 hours): This course will use video presentation and an interactive style to engage the audience. Upon completion of the course the learner will have the knowledge to apply OT in an equine setting. Each participant will be invited to have additional hands on experience at our setting in West Tennessee. **Presenter: Barbara Meussner, OTR/L, MBA**

Session 11: Kawa Model: The Flow of Practice (2 hours): Incorporating case examples, discussions, and hands-on experience, this workshop aims to present the Kawa model as a competent theoretical model and evidence-based practical instrument that combines artistic expression and scientific intervention to support the global professional paradigm shift away from the medical model towards occupation-based occupational therapy. **Presenter: Neha Tripathi, OTD, OTR/L, CDP**

4:15 to 6:15: Ethics and Jurisprudence (2 hours): Mandatory for all practitioners for each renewal cycle. **Presenters: John Williams, Susan McDonald, Ed.D, OTR/L**

Posters

Off-Road Assessments for Driving Following Brain Injury

Presenters: Jessica Kirk, MOT/S, Claire Mallicoat, MOT/S and Eryn Lobo, MOT/S

Effectiveness of Fall Prevention Programs for Older Adults in Inpatient Facilities

Presenters: MaKensie Dudley, MOT/S, Ella Hayes, MOT/S, Kelsi Gray, MOT/S and Morgan Peterson, MOT/S

Comparison of Adolescent Self-Reported Sensory Preferences and Behaviors & Caregiver Perceptions

Presenters: Shelby Anderson, OTD/S, Laura Compton, OTD/S, Morgan Craig, OTD/S, Lauren Hanna, OTD/S, Elizabeth Stuckey, OTD/S, and Shelby Ward, OTD/S

The Relationship between Dynamic Grip Strength and Hand Function

Presenters: Cindy Poole, OTD, Jennifer Archer, OTS, Perry Barnhill, OTS, Hayley Lumpkin, OTS, and Ansley Stringfield, OTS

Comparative Analysis of EEG Based Mental Status with Animal Assisted Intervention

Presenters: Susan McDonald, Ed.D, OTR/L, David Levine, PT, PhD, DPT, CCRP, FAPTA, Cassidy Flowers, OTS, Mary Jackson, OTS, and Kaitlyn McLaughlin, OTS

Effectiveness of adaptive silverware on AROM in individuals with RA

Presenters: Susan McDonald, Ed.D, OTR/L, David Levine, PT, PhD, DPT, CCRP, FAPTA, Hensley Barnes, OTS, Anna Cornett, OTS, Sally Langager, OTS, Kathleen Craig, OTS, and Lauren Yeager, OTS

Exploring the Perceptions of OT Among Pre-Healthcare Students at UTC

Presenters: Erin Melhorn, OTD, OTR/L, Emily Hook McLemore, OTS, Amanda Benjamin, OTS, Valerie Jensen, OTS and Shelly Heemstra, OTS

Use of Gaming systems for teaching: Kahoot! In the classroom

Presenters: Cathleen St. Dennis, OTD, and Guinevere Bennett, DC

Children's Mealtime Occupations in Diverse Settings: Comparing Similarities between home and school

Presenter: Ashley Mason, OTR, PhD

Interprofessional Collaboration & Preparing an IPF for CARF Survey

Presenter: Carlene Johnson, OTR/L

Connecting with AOTA and using the RA

Presenters: Cathleen St. Dennis, OTD and Stephanie Lancaster, OTR/L

Human Trafficking as an Emerging Practice Area: An Innovative Strategy for Addressing the Occupational Needs of Survivors of Complex Trauma

Presenters: Brittney Cobble, OTR/L and Elicia Cruz, OTR/L