## **Gear Up for the Certification Journey with NBCOT**

Τ

Becoming an OTR<sup>®</sup> or COTA<sup>®</sup> is a journey, and NBCOT can help guide you on your path to certification.



**Apply and Review** 

Get your ATT letter and schedule your exam.

Test Yourself

elf

Take the Full Practice Exam in the StudyPack to simulate your exam day experience.

Create a Study Plan

Map out your key learning needs based on your results from the self-assessment.

3

Use StudyPack

Get ready! Prepare for the exam by using our comprehensive platform with many of our Aspire study tools.

#### Self-Assess Entry-Level Knowledge

Use the **Self-Assessment Tool** (also free!) to identify your strengths and weaknesses.

2





Sign up for an account and follow NBCOT on Facebook, Instagram and Twitter to make sure you're always in the know. Review the Exam Content Outline and Illustrated Guides to Entry-Level Practice to understand the knowledge needed to prepare for the exam.

At NBCOT, we don't just certify occupational therapists and occupational therapy assistants, we provide you with tools to help support you on your journey.

#futureOTR #futureCOTA

Find the tools you need at: www.nbcot.org/aspiretools



# **EXAM PREP TOOLS**

NBCOT Aspire is a suite of tools to help you prepare for the certification exam.



#### Self-Assessment Tool..... FREE

Start with a self-assessment to identify your areas of strengths and learning needs. Use the tool to boost your study plan.



#### Exam Content Outline..... FREE

The Content Outline breaks down the domains of the exam and provides information on the content and number of questions in each domain area.



#### Illustrated Guide of Entry-Level Practice ..... FREE

The guide contains sample scenarios across a variety of practice settings that depict the tasks OTRs and COTAs complete in practice. Alongside each scenario is a description of the knowledge required to competently perform a task.



#### NBCOT Exam StudyPack......\$75.00

A comprehensive collection of the Aspire tools, as well as tools exclusive to the StudyPack: Pre-Test, Mini Tests with answers and rationales, Practice Sims, and a Full Practice Exam that includes the same number of questions you will receive on your test day.

NBCOT does not guarantee enhanced performance on the NBCOT certification exam for those using these products.



#### Flashcards ...... \$15.00

Review practice-related content that is relevant to each domain of the exam. Sort cards into piles to easily manage terms to review.



#### Knowledge Match Game ......\$9.00

Test your speed and recall ability to match knowledge statements to correct categories in each domain of the exam.



Study Guide (hard copy)	\$60.00
Online	\$40.00

Includes even more practice questions with answers, rationales, and references. Take advantage of the valuable test-taking strategies and tips on how to prepare for the exam.



### Practice Tests .....\$30.00

The only practice tests that provide a scaled score just like the real exam. Questions reflect current exam content and mirror the format and flow of the exam.

### **CONNECT WITH US!**

## f NBCOTCertification 🛛 @nbcot 🈏 @nbcot

For more information, visit nbcot.org/aspiretools