

TNOTA's 2022 Annual Conference

September 10-11, 2022

Lichterman Nature Center

Memphis, TN

To see session descriptions, speaker bios, and conference handouts, use your phone's camera to scan the QR code below, or visit

www.tnota.org/2022-conference-courses



Course
Descriptions &
Handouts

Saturday, September 10

Time	Session			
7:00-8:00	Registration <i>Exhibitor Hall Open</i>			
8:00-8:50	Short Course 1: Using the Theoretical Domains Framework and the Behavior Change Wheel to Design a Tummy Time Intervention <i>Lauren Woods, PhD, OTR/L</i> <i>Anne Zachry, PhD, OTR/L</i> Classroom 1	Workshop 1 (8:00-9:45): Action Steps to Advance Cultural Responsiveness in OT/OTA Students & Occupational Therapy Practitioners <i>Stephanie Lancaster, EdD, OTR/L, ATP, CDP</i> <i>Lisa Porter, PhD, OTD, OTR/L</i> Learning Center	Workshop 2 (8:00-9:45): OT-OTA Academic Collaboration <i>Courtney Boren, MS, OTR/L</i> <i>Ashleigh Lingerfelt, OTD, OTR/L</i> Classroom 2	Student Track Session 1: An Introduction to Primitive Reflexes and Their Impact on the Elementary School-Aged Child <i>Jennifer Henderson, OTD, OTR/L, BCP</i> Green Room
9:00-9:50	Short Course 2: Addressing Needs of an Underserved Population: Occupational Therapy for Students with Low Vision <i>Peggy Beckley, PhD, EdS, OTR/L, SCLV, FAOTA</i> Green Room			Student Track Session 2: Hand Therapy: How to Eat an Elephant <i>Julie Dixon, OT/L, CHT</i> Classroom 1
10:00-10:50	Short Course 3: Occupational Therapy's New Standard for Finger and Partial-Hand Amputation Care <i>Tania Garcia</i> Green Room	Short Course 4: Your National OTR or COTA Credential: What it Means for You <i>Barbara Williams, DrOT, MS, OTR</i> Classroom 2		Workshop 3 (10:00-11:45): From a Four-Year Perspective: Reflections on Running a Community of Practice Group <i>Cindy Blackwell, OTD, OTR/L</i> <i>Stephanie Lancaster, EdD, OTR/L, ATP, CDP</i> Learning Center
11:00-11:50	Short Course 5: What You Bring Into the Room: Treating with Human Presence and Connection <i>Marabeth Quin</i> Green Room			
12:15-1:30	Lunch Session: Presidential Address & Keynote Keynote: Invisible Systems: Using Intersectionality to Erase Bias <i>Cindy DeRuiter Blackwell, OTD, OTR/L, TNOTA President</i> <i>Kelly Jo Fulkerson Dikuuu, PhD</i> (Lunch provided) Learning Center			

<p>1:40-2:30</p>	<p>Short Course 6: Proprioception of the Wrist and Hand: the Missing Link in Hand Therapy Exercises and Activities <i>Peggy Haase, OTR/L, CHT</i> <i>Lisa Perrone, OTR/L, CHT, CKTP</i> Green Room</p>	<p>Short Course 7: What Influence does Inter- and Intraprofessional Collaboration have on OBP in SNF <i>Stedmon Hopkins, OTD, OTR/L</i> <i>Leah Simpkins, OTD, OTR/L, CPAM, CDP, PNAP</i> <i>Dana Howell, PhD, OTD, OTR/L, FAOTA</i> Classroom 1</p>	<p>Workshop 4 (1:40-3:25): Through a Different Lens: The Perspective of an OT Practitioner After Serving as a Caregiver <i>Stephanie Lancaster, EdD, OTR/L, ATP, CDP</i> Classroom 2</p>	<p>Student Track Session 3: NBCOT National Certification Exam: Information You Need to Know <i>Barbara Williams, DrOT, MS, OTR</i> Learning Center</p>
<p>2:40-3:30</p>	<p>Short Course 8: DBT - Skills Based Intervention for Difficult to Treat Clients <i>Kaylin Flamm Lawrence, MSOT, OTR/L</i> <i>Dakota Lawrence, LPC-MHSP, NCC</i> Green Room</p>		<p>Student Track Session 4: New Practitioner and Current Student Panel <i>Anna Pollan, MOT/S</i> <i>Tanner Wright, OTD, OTR/L</i> <i>Carley Mahaffey, OTR/L</i> <i>Amanda Wiedoff, OTD/S</i> Learning Center</p>	
<p>3:30-5:00</p>	<p>Poster Session Exhibitor Hall Open Learning Center</p>			



"Saving Lives in Tennessee"



National Board for Certification in Occupational Therapy

Sunday, September 12

Time	Session						
7:00-8:00	Registration <i>Exhibitor Hall Open</i>						
8:00-9:30	TNOTA Annual Business Meeting & Legislative Update <i>Cindy DeRuiter Blackwell, OTD, OTR/L, TNOTA President</i> Learning Center						
9:45-10:35	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; vertical-align: top;"> Short Course 9: What's the Deal with Professional Associations? A Guide to State and Federal OT Advocacy <i>Cindy Blackwell, OTD, OTR/L</i> <i>Susan McDonald, EdD, OTR/L</i> Classroom 1 </td> <td style="width: 33%; vertical-align: top;"> Workshop 5 (9:45-11:30): The Scoop on the Scope: Comparing OT Services in School Based and Community Based Settings (Open to students and practitioners) <i>Michelle J Graham, MS, OTR/L</i> <i>Jeannine Moore, DPT</i> Green Room </td> <td style="width: 33%; vertical-align: top; background-color: #e0e0e0;"> Student Track Session 5: The Therapeutic Use of Group Process in OT (Panel Discussion) <i>Lauren Woods, PhD, OTR/L</i> <i>Kaylin Flamm Lawrence, MSOT, OTR/L</i> <i>Stephanie Lancaster, EdD, OTR/L, ATP, CDP</i> Learning Center </td> </tr> <tr> <td style="vertical-align: top;"> 10:45-11:35 </td> <td style="vertical-align: top;"> Short Course 10: Yoga and Social Emotional Learning <i>Shawandra Ford</i> Learning Center </td> <td style="background-color: #333333;"></td> </tr> </table>	Short Course 9: What's the Deal with Professional Associations? A Guide to State and Federal OT Advocacy <i>Cindy Blackwell, OTD, OTR/L</i> <i>Susan McDonald, EdD, OTR/L</i> Classroom 1	Workshop 5 (9:45-11:30): The Scoop on the Scope: Comparing OT Services in School Based and Community Based Settings (Open to students and practitioners) <i>Michelle J Graham, MS, OTR/L</i> <i>Jeannine Moore, DPT</i> Green Room	Student Track Session 5: The Therapeutic Use of Group Process in OT (Panel Discussion) <i>Lauren Woods, PhD, OTR/L</i> <i>Kaylin Flamm Lawrence, MSOT, OTR/L</i> <i>Stephanie Lancaster, EdD, OTR/L, ATP, CDP</i> Learning Center	10:45-11:35	Short Course 10: Yoga and Social Emotional Learning <i>Shawandra Ford</i> Learning Center	
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10:45-11:35	Short Course 10: Yoga and Social Emotional Learning <i>Shawandra Ford</i> Learning Center						
11:30-1:00	Lunch & Networking <i>Exhibitor Hall Open</i> (Lunch provided)						
1:00-3:00	Ethics & Jurisprudence for Occupational Therapy Practitioners <i>Susan McDonald, EdD, OTR/L</i> Learning Center						

Saturday, September 10, 2022

Short Courses

8:00-8:50:

Short Course 1: Using the Theoretical Domains Framework and the Behavior Change Wheel to Design a Tummy Time Intervention

This course involves a study in which barriers and facilitators to tummy time (TT) were explored, as well as a discussion of the research on positioning and TT as it relates to development and Cranial Asymmetry. The presenters will also discuss development of preventative educational programs and interventions for parents. *Speakers: Lauren Woods, PhD, OTR/L, Anne Zachry, PhD, OTR/L*

9:00-9:50:

Short Course 2: Addressing Needs of an Underserved Population: Occupational Therapy for Students with Low Vision

This course presents the typical eye conditions that cause low vision impairments for school-aged children and strategies to manage the impact of these impairments. Topics to be covered include low vision diagnoses, evaluation, use of optics, lighting, contrast, & distance, optimal positioning, mobility and safety. *Speaker: Peggy Beckley, PhD, EdS, OTR/L, SCLV, FAOTA*

10:00-10:50:

Short Course 3: Occupational Therapy's New Standard for Finger and Partial-Hand Amputation Care

This presentation will review the prevalence and etiology of this patient population, current prosthetic options available, and the integral role that OT practitioners play in supporting positive patient outcomes using body-driven prostheses. *Speaker: Tania Garcia*

Short Course 4: Your National OTR or COTA Credential: What it Means for You

For those interested, connect with NBCOT and hear about maintaining national occupational therapy certification as well as methods that can be used to contribute to professional competency. *Speaker: Barbara Williams, DrOT, MS, OTR*

11:00-11:50:

Short Course 5: What You Bring Into the Room: Treating with Human Presence and Connection

What can a stroke survivor's mother add to your practice? A look behind the curtain at how human connection heals. This course perfectly blends data-driven research with impactful true stories to provide practitioners new insights on how their powerful influence can improve results and strategies to create thriving therapeutic relationships. *Speaker: Marabeth Quin*



Tennessee Occupational Therapy Association

12:15-1:30:

Lunch Session: Presidential Address & Keynote: Invisible Systems: Using Intersectionality to Erase Bias.

This interactive talk explores the unique role Occupational Therapy Professionals have in helping people gain autonomy in their bodies and lives. Filling this critical niche in society, OTPs gain personal experience with the challenges people face when going about their day-to-day lives. In particular, OTPs see first-hand how social factors, like housing inequity or discrimination, can compound challenges in their patient's lives. This talk draws on participant experience and research-based strategies to consider the ways in which OTPs play a pivotal role in advocating for patients, mitigating bias, and building a more just society.

Speakers: Cindy DeRuiter Blackwell, OTD, OTR/L, TNOTA President, Kelly Jo Fulkerson Dikuaa, PhD

1:40-2:30:

Short Course 6: Proprioception of the Wrist and Hand: the Missing Link in Hand Therapy Exercises and Activities

Do you ever feel that something is missing from your upper extremity rehabilitation program? Proprioception has become a huge topic in rehabilitation, pain management, and re-injury prevention. Our focus will be on how to use proprioception principles to improve function. *Speakers: Peggy Haase, OTR/L, CHT*

Lisa Perrone, OTR/L, CHT, CKTP

Short Course 7: What Influence does Inter- and Intraprofessional Collaboration have on OBP in SNF

This research examined how collaboration influences occupational therapists' and occupational therapy assistants' ability to provide occupation-based practice (OBP) in skilled nursing facilities (SNF). Seven participants participated in semi-structured interviews which helped to develop three themes. Results showed the effectiveness of collaboration and the benefit to both client and professionals. *Speakers: Stedmon Hopkins, OTD, OTR/L, Leah Simpkins, OTD, OTR/L, CPAM, CDP, PNAP, Dana Howell, PhD, OTD, OTR/L, FAOTA*

2:40-3:30:

Short Course 8: DBT - Skills Based Intervention for Difficult to Treat Clients

This course will cover the basics of Dialectical Behavior Therapy (DBT) and the implications for OT practice. Including, but not limited to, confronting practitioner bias and working with the typically labeled "difficult to treat" client while also improving the client experience through the promotion of skillful behavior.

Speakers: Kaylin Flamm Lawrence, MSOT, OTR/L, Dakota Lawrence, LPC-MHSP, NCC



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Workshops

8:00-9:45:

Workshop 1: Action Steps to Advance Cultural Responsiveness in OT/OTA Students & Occupational Therapy Practitioners

In response to the call to address issues of justice, equity, diversity, and inclusion (JEDI) in the field of occupational therapy (AOTA, 2019), this session centers on the effective promotion of cultural responsiveness and the establishment of a culture based on JEDI principles in education and practice. *Speakers: Stephanie Lancaster, EdD, OTR/L, ATP, CDP, Lisa Porter, PhD, OTD, OTR/L*

Workshop 2: OT-OTA Academic Collaboration

The purpose of this workshop is to review the outlined AOTA intraprofessional collaboration competencies and align collaboration models to current ACOTE standards. Participants will have the opportunity to apply a collaboration blueprint to jumpstart the process of identifying and integrating intraprofessional collaboration experiences into their own programs. *Speakers: Courtney Boren, MS, OTR/L, Ashleigh Lingerfelt, OTD, OTR/L*

10:00-11:45:

Workshop 3: From a Four-Year Perspective: Reflections on Running a Community of Practice Group

This workshop will review the principles of a pediatric community of practice, reflect on the history of TNOTA's Pediatric CoP, and understand how this model can be used to create and expand other practice groups in TN and beyond. *Speakers: Cindy Blackwell, OTD, OTR/L, Stephanie Lancaster, EdD, OTR/L, ATP, CDP*

1:40-3:25:

Workshop 4: Through a Different Lens: The Perspective of an OT Practitioner After Serving as a Caregiver

In this session, the link between the exchange of personal story and the incorporation of empathy and person-centeredness into client care by OT practitioners will be shared, along with the first-person account of an OT practitioner who served as a caregiver for her terminally ill father. *Speaker: Stephanie Lancaster, EdD, OTR/L, ATP, CDP*

Sunday, September 11, 2022

Short Courses

9:45-10:35:

Short Course 9: What's the Deal with Professional Associations? A Guide to State and Federal OT Advocacy

OT advocacy can be confusing- many OT practitioners and students struggle to understand how federal and state policies intersect to impact OT practice. This course will review the roles of TNOTA and AOTA in fighting for our profession, as well as provide guidance for how to begin your advocacy journey. *Speakers: Cindy Blackwell, OTD, OTR/L, Susan McDonald, EdD, OTR/L*

10:45-11:35:

Short Course 10: Yoga and Social Emotional Learning

Yoga unites the mind, body, and soul in a way that eases tension and promotes health and well-being. Regular practice improves your breathing and outlook on life. Participants engaging in this course will learn how occupational therapy impacted a personal life experience, the impact of yoga and occupational therapy as emerging areas of practice, and how yoga and occupational therapy can increase wellness and mental well-being among children in low SES settings.

Course includes a live demonstration of yoga and its holistic benefits. *Speaker: Shawandra Ford*

Workshops

9:45-11:30:

Workshop 5: The Scoop on the Scope: Comparing OT Services in School Based and Community Based Settings (Open to students and practitioners)

Families, physicians, and community partners often ask about differences between school-based and clinic-based therapy services. Join us as we dive into understanding the differences between the services, the reasons to consider where to provide the most effective therapy services, and when both are necessary for a student. *Speakers: Michelle J Graham, MS, OTR/L, Jeannine Moore, DPT*



CELEBRATING YOU AND YOUR VALUE TO OCCUPATIONAL THERAPY EVERY DAY!

THANK YOU for all that you bring to our profession and those you serve.

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STUDENT TRACK SESSIONS

Student Track Session 1 (Saturday 8:00-8:50): An Introduction to Primitive Reflexes and Their Impact on the Elementary School-Aged Child

The topic of reflex integration's become more widely recognized among pediatric occupational therapy practitioners. This short course introduces the student/new practitioner to unintegrated primitive reflexes and their impact on elementary-aged children. Reflex integration techniques will focus on the improvement of occupational participation.

Speaker: Jennifer Henderson, OTD, OTR/L, BCP

Student Track Session 2 (Saturday 9:00-9:50): Hand Therapy: How to Eat an Elephant

Hand therapy can be a daunting area of practice for many therapists. These challenges can be exacerbated by lack of mentoring availability. This course seeks to peel back the apprehension and aid clinicians on how to overcome these impeders to client care and offer reassurances of abilities to succeed in hand practice.

Speaker: Julie Dixon, OT/L, CHT

Student Track Session 3 (Saturday 1:40-2:30): NBCOT National Certification Exam: Information You Need to Know

Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification.

Speaker: Barbara Williams, DrOT, MS, OTR

Student Track Session 4 (Saturday 2:40-3:30): New Practitioner and Current Student Panel

Join us for this panel made up of new practitioners and current OT/OTA students and ask your questions regarding fieldwork, OT/OTA school, life/school balance, the job search, and more.

Speakers: Anna Pollan, MOT/S, Tanner Wright, OTD, OTR/L, Carley Mahaffey, OTR/L, Amanda Wiedoff, OTD/S

Student Track Session 5 (Sunday 9:45-10:35): The Therapeutic Use of Group Process in OT (Panel Discussion)

This panel discussion will discuss the therapeutic use of group process in a variety of settings such as mental health, lymphedema, acute care, and hand therapy.

Speakers: Lauren Woods, PhD, OTR/L, Kaylin Flamm Lawrence, MSOT, OTR/L, Stephanie Lancaster, EdD, OTR/L, ATP, CDP

Posters (Saturday 3:30-5:00)

Effectiveness of Early Mobilization in Reducing Hospital Stay in COVID-19 Patients

Presenters: Anna Claire Briscoe, MOT/S, Ashlee Hodges, MOT/S, Anna Beth Willoughby, MOT/S, Nathan Smith, MOT/S, Carlton Hubbard, MOT/S

The Effects of Pressure Relief Cushions on Adults with Spinal Cord Injury: A Critically Appraised Topic

Presenters: Anna Pollan, MOT/S, Olivia Hamby, MOT/S, Hailey Hanson, MOT/S, Olivia Kincaid, MOT/S, Audrey Carr, MOT/S, Molly McWilliams, MOT/S

Feasibility and Effectiveness of a Prehabilitation Program Prior to Breast Cancer Surgery

Presenters: Alissa Lee, MOT/S, Emma Choi, MOT/S, Kayla Woods, MOT/S, Morgan Mills, MOT/S, Carol Houston, MOT/S

Child Perceptions and the Effects of an Adaptive Dance Program

Presenters: Sue Iliff, PhD, OTR/L, Morgan McClain, OTS, Amaris Hornbuckle, OTS, Amanda Weidoff, OTS, Emily Bryant, OTS, Emily Wagstaff, OTS, Adrian Ewald, OTS, Paige Henson, OTS

Muscular Dystrophy and Quality of Life: A Critically Appraised Topic

Presenters: Raegan Avritt, OTS, Courtney Aycock, OTS, Keelie Johnson, OTS, Lindsay Lampkin, OTS, Cassady Ozanich, OTS

Effect of Botox and Therapy on Spasticity in Cerebral Palsy: A Critically Appraised Topic

Presenters: Rachel Bray, MOT/S, Tatum Cabot, MOT/S, Peyton Clark, MOT/S, Cameron Goodman, MOT/S, Tarason Moore, MOT/S, Claire Napier, MOT/S

Effectiveness of Group Therapy Sessions for Activities of Daily Living Skills in Clients with Total Hip Arthroplasty: A Critically Appraised Topic

Presenters: Hillary Talley, MOT/S, Riley Buford, MOT/S, Alishah Pirwani, MOT/S, Tylan Wakefield, MOT/S, Elizabeth Seals, MOT/S

Effects of Sensory Intervention on Neurological Development in the Neonatal Intensive Care Unit: A Critically Appraised Topic

Presenters: Siham Sherif, MOT/S, Paulina Bullard, MOT/S, Emma Gadberry, MOT/S, Virginia Strawn, MOT/S, Courtney Travis, MOT/S, Delaney K. Weller, MOT/S

Elopement in Autism: Caregiver Perspectives on Adaptive Equipment and Participation

Presenters: Missy Bryan, OTD, OTR/L, ATP, CPST, Sarah Dean, OTS, Kendall Jackson, OTS, Kaitlin Johnson, OTS, Madison Quan, OTS, Alex Shea, OTS, Hannah Simmons, OTS, Ania Span, OTS


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Perceptions of Older Adults on Transitional Driving Planning and Their Informational Needs

Presenters: Debra Gibbs, EdD, MHS/OTR, CAPS, FAOTA, Katy Kia, OTD/S, Caitlin Barnickel, OTD/S, Anna Dyduch, OTD/S, Natalie Metzger, OTD/S

Occupational Therapy Assessments for Cortical/Cerebral Visual Impairment

Presenters: Orli Weisser-Pike, OTD, OTR/L, CLVT, SCLV, FAOTA, Anita Mitchell, PhD, OTR, FAOTA

Comparing Behavioral and Sensory Based Strategies: Producing Positive Classroom Behaviors for Children with Autism

Presenter: Sandra Dicks, OTS

Exploring an Emotional Language Intervention During a Brief Learning Event

Presenters: Gary Davidson, PhD (c), OTR/L, CHT

Other Events

Exhibitor Hall Hours

TNOTA’s exhibitor hall will be open during registration on both days of conference (7-8am). The exhibitor hall will also be open during the poster session, Saturday 9/10 from 3:30-5:00pm, and during our dedicated networking time on Sunday 9/11 from 11:30am-1:00pm. Some exhibitors will also be available at their booths during transition times between sessions.

Cork Area

Student Get Together- Saturday 9/10 at 5:30 pm

TNOTA’s student members will have a meetup at Railgarten at 5:30pm. All students are welcome to join for a time of networking and hanging out together!

Sunday Networking Sessions

During lunch on Sunday, the following TNOTA groups will plan to spend the lunch break networking and gathering together:

- Diversity, Equity, and Inclusion Committee- **Classroom 1**
- OTA Connect – **Classroom 2**
- Students- **Green Room**
- Mentorship Committee- **Learning Center**
- Pediatric Community of Practice - **Learning Center**
- Mental Health Community of Practice- **Learning Center**
- Hand Therapy Community of Practice- **Learning Center**