**Human Trafficking in Practice and Fieldwork for Therapy Students, Practitioners, and Educators October 14, 2023**

**WARNING**

**If you are uncomfortable, feel free to leave. Contact me at any time:** [**tonita7@gmail.com**](mailto:tonita7@gmail.com) **813 469 4952 or talk to someone.**

**OBJECTIVES**

**The participant will be able to:**

**1.** **Explain the scope of trafficking based on United Nations 3-P Protocol.**

**2.** **Identify signs and biopsychosocial effects of trafficking in adults and children, in all settings.**

**3. Define current scope of PT and OT in anti-trafficking efforts.**

**4. Evaluate the distinct value of our therapies in anti-trafficking endeavors.**

**5. Discuss ways to fight trafficking in small, every-day actions.**

**WHAT IS TRAFFICKING?**

**The UN Protocol to Prevent, Suppress and Punish Human Trafficking considers trafficking as**

**trafficking in persons, which shall mean the recruitment, transportation, transfer, harbouring or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud, of deception, of the abuse of power or of a position of vulnerability or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation. Exploitation shall include, at a minimum, the exploitation of the prostitution of others or other forms of sexual exploitation, forced labour or services, slavery or practices similar to slavery, servitude or the removal of organs.**

**(UN, 2000; UN 2023; UN Office on Drugs and Crime [UNODC], 2020; 2004).**

**TYPES OF TRAFFICKING**

**­­­­1.\_\_\_\_\_\_\_\_\_\_\_\_\_  
2.\_\_\_\_\_\_\_\_\_\_\_\_  
3.\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4.**

**5.\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Debt bondage vs. people smuggling**

**(International Labour Organization [ILO], 2012, 2020; Lloyd, 2011; United Nations, 2020;United Nations, 2023; United Nations Children’s Fund, n.d.; UNODC, n.d.a.)**

**TRAFFICKING BY THE NUMBERS**

**Clandestine nature of trafficking 🡪 Statistics**

**29 million to 49 million . . .**

**(Alvarez & Alessi, 2012; Bryant et al., 2015; Dank et al., 2014; Estes & Weiner, 2001; Hardy, Compton, & McPhatter, 2013; ILO, 2020; Lloyd, 2011; Hodge, 2014; Meshkovska et al., 2015; Nawyn et al., 2013; United Nations, 2020; United Nations Children’s Fund, n.d.).**

**TRAFFICKING BY THE NUMBERS**

**25M labor trafficking**

**1 in 4—25% children**

**15M forced marriage**

**Trafficking BY THE NUMBERS**

**25 M people in labor activities**

**74% adults 26% children**

**--garment industry ($171B)**

**--domestic workers**

**--hospitality**

**--construction**

**--agriculture**

**--government:**

**prisons, military agencies,**

**rebel forces, child soldiers**

**HUMAN TRAFFICKING: LABOR LAWS**

**Fair Labor Standards act 1932**

**--40-hour work week, time and a half over time**

**--minimum wage, 2020 $7.25/hour,**

**--$15/hour**

**HUMAN TRAFFICKING: LABOR LAWS**

**1963: Agriculture workers included**

**NO overtime for agriculture workers until 2019**

**--50-hour work week**

**--children $4.25/hour in some states**

**STATE LABOR LAWS**

**Tennessee & Florida**

**Regulates minors’ hours**

**Age 14-17**

**Restricts types of work**

**Restricts types of machinery**

**Restricts work hours: school**

**Florida**

**Allows children to work in agriculture with family members**

**TENNESSEE VS. FLORIDA LAWS**

**“Minors of any age may be employed:…in domestic or farm work in connection with their own homes or the farm or ranch on which they live, or directly for their own parents or guardian, or in the herding, tending, and management of livestock, during the hours they are not required by law to be in school.”**

**SEX TRAFFICKING BY THE NUMBERS**

**Coerced sexual activities**

**\_\_\_\_% female**

**\_\_\_\_% male**

**\_\_\_\_% LGBTQ**

* **60% with group home or foster home life**
* **\_\_\_\_% of homeless heterosexual youth trafficked**
* **\_\_\_\_\_ % of homeless youth LGBTQ**
* **\_\_\_\_\_\_LGBTQ youth trafficked**

**(Martinez & Kelle, 2013; United Nations, 2020; United Nations Children’s Fund, n.d.; UNODC, n.d.b.).** [**https://www.google.com/search?sxsrf=ALeKk03lmYGPkq99ZBo9ubNQSroannUDvA:1594909760577&source=univ&tbm=isch&q=SEX+**](https://www.google.com/search?sxsrf=ALeKk03lmYGPkq99ZBo9ubNQSroannUDvA:1594909760577&source=univ&tbm=isch&q=SEX+TRAFFICKING+IMAGES+FREE&sa=X&ved=2ahUKEwiRiunt_dHqAhVkTd8KHd_0AmUQ7Al6BAgKEBk&biw=860&bih=526)**)**

**SEX TRAFFICKING**

**Adolescents/Children in residential treatment Centers**

* **80 % have behavior, academic, and attachment (relationship) problems**
* **30 to 40 % injure selves,** 
  + - Think about or attempt to kill selves,
    - Abuse substances, or
    - Do something that engages police.
  + **Affect and Behavioral dysregulation**

(Warner, Koomar, Luke, and Cook, 2013).

**SEX TRAFFICKING NUMBERS**

**What is porn?**

**$97B ----$12B In US**

**CHANGES Since 1950**

**INTERNET Role**

**Porn Hub**

**PORNOGRAPHY**

**Sexually abusive images of children**

**--\_\_\_\_\_\_age that children see porn**

**--role in sex trafficking**

**--porn addiction**

**PERT’S MIND-BODY APPROACH**

**Biochemical basis of consciousness**

* **sexual abuse facilitates dissociation of negative emotions to be stored into one’s physical body.**
* **“their conscious perception and meaning of ‘self’ seemed to develop from their bodily experience of themselves in their environment” (p. 68). (Candace Pert, Ph.D.) ( Ratcliff., Farnworth, & Lentin,2011).**

**RESULTING BIOPSYCHOSOCIAL DEFICITS**

**Medical problems: gynecological, GI, musculoskeletal. . .**

**Dental deficits**

**Trauma behaviors**

* **Dissociation**
* **PTSD**
* **Mental health conditions**
* **Coerced substance addiction**

**Sensory modulation difficulties**

**Global developmental delays due to deprivation**

* + **Social**
  + **Emotional**
  + **Occupational**
  + **Cognitive**
  + **Sensorimotor**
  + **Neurological.**

**HOW DO YOU KNOW SOMEONE IS BEING TRAFFICKED?**

**WHAT SIGNS DO YOU LOOK FOR?**

**WHAT TO LOOK FOR**

* **Inconsistent history and symptoms**
* **Poor eye contact, reluctance**
* **Controlling caregiver**
* **Unexplained or unusual bruises and injuries**
* **Dental deficits**
* **Musculoskeletal injuries**
* **Trauma behaviors**
* **Sensory modulation difficulties**
* **Delays in behavior:**
  + - **Social**
    - **Emotional**
    - **Occupational**
    - **Cognitive**
    - **Sensorimotor**
    - **Neurological.**

**WHAT TO LOOK FOR**

**Triggers**

**Sensory inputs that trigger negative physiological or psychological reactions**

* **smells**
* **sights**
* **sounds and noises**
* **tastes**
* **tactile input**

**Internal: memories, anxiety, pain, anger,**

**Anniversary dates**

**(Awkolaw, 2020).**

**LITERATURE REVIEW OF RECOVERY**

**Geographic Scope**

* **United States**
* **International**

**Fields of Study**

* **Human Rights**
* **Trauma/Violence/Sexual Trauma**
* **Psychology/Psychiatry**
* **Social Work**
* **Religious**
* **Psychiatric Nursing**
* **Medical care, including Gynecology**
* **Dentistry**
* **Education . . .**

**VARIETY OF ASSESSMENT TOOLS/APPROACHES**

* **PTSD**
* **Depression**
* **Trauma**
* **Resiliency**
* **Cognitive skills**
* **Self-esteem**
* **Cortisol level and physical problems**
* **Neurophysiological concerns.**

**Trickett, P.K., Noll, J.G., & Putnam, F.W. 2011.**

**THERAPEUTIC APPROACHES**

**Eye Movement Desensitization and Reprocessing (EMDR) (Maxfield, 2003; Shapiro, 1989).**

**Expressive therapies.**

* **Art therapy (Pifalo, 2007).**
* **Music therapy (Strehlow, 2009).**
* **Sand tray (Zhang, 1998).**
* **Animal-assisted therapy (Dietz, Davis, & Pennings, 2012; Parish-Plass, 2008).**

**Equine therapy.**

**Psychopharmacology.**

* **Anti-depressants.**
* **Pain relief (Mohta, Sethi, Tyagi, & Mohta, 2003).**
* **Anti-anxiety meds.**
* **Benzodiazepines--can increase Dissociation (Gentile, Dillon, & Gillig, 2013).**

**(De Chesney, 2013).**

**SEX TRAFFICKING & OT**

* **NSU-Tampa OTD students (Bryant et al., 2015)**
* **Thailand: Pre-vocational OT (Phongphisutbubpa, 2007).**
* **Relaxation kit (Snider, 2012).**
* **Potential misuse of OT (Lisborg, 2009).**
* **Comprehensive direction for OT action**
* **(Cerny, 2016; Gorman & Hatkevich, 2016; MartIn, 2015).**
* **Occupation-based groups for trafficked teens (Martin, 2015)**
* **Community Integration club for women in recovery (Thompson, 2017).**
* **Curriculum for therapy education (Peters, 2020).**
* **AOTA Pre-conference workshop 2019.**
* **Student doctoral capstones since 2017.**
  + **Chinese woman labor trafficked & new mother**
  + **A big blow up in a shelter**
  + **The role of occupational therapy for survivors of human trafficking, Capstone.** (Mariano, 2019).
  + **Sleep hygiene (Ninan, 2023).**
  + **Scoping review of trafficking and OT (Branem, in progress.)**
  + **Curriculum for university education, in progress.**

**IMPEDIMENTS TO PT & OT INVOLVEMENT**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
4.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**In the absence evidence for therapy involvement in anti-trafficking,   
what can we do?**

**IN THE ABSENCE OF EVIDENCE . . .**

1. **Utilize similar medical or mental health conditions.**
2. **Utilize similar signs and symptoms.**
3. **Incorporate a recovery model.**
4. **Incorporate a trauma-informed approach.**

**5. Focus on occupation and function.**

**SIMILAR CONDITIONS AND SYMPTOMS**

**Domestic violence**

**Sexual Abuse (minor or adult)**

**PTSD**

**Traumatic event**

**Refugees (Shigekane, 2007)**

**Post-concussion**

**TBI**

**Mental health diagnosis**

**Substance Abuse & Mental Health Services Administration (SAMHSA)**

**RECOVERY MODEL PRINCIPLES**

* **Safety.**
* **Trustworthiness and Transparency.**
* **Peer support.**
* **Collaboration and mutuality.**
* **Empowerment, voice and choice.**
* **Cultural, Historical, and Gender Issues.**

**(SAMHSA, n.d.)**

**RECOVERY MODEL: KEY DOMAINS**

* **Affect stability.**
* **Behavioral adjustment.**
* **Cognitive mastery.**
* **Developmental mastery.**
* **Healthy intact Ecosystems.**

**(Collins & Collins, 2005 in Jordan, Patel, & Rapp, 2013)**

**COMBINED RECOVERY PRINICPLES/DOMAINS**

* **Affect.**
* **Behavior.**
* **Cognition.**
* **Developmental mastery.**
* **Healthy Ecosystems.**
* **Safety.**
* **Trustworthiness and Transparency.**
* **Peer support.**
* **Collaboration and mutuality.**
* **Empowerment, voice and choice.**
* **Cultural, Historical, and Gender Issues.**

**PATH TO SERVICE DEVELOPMENT**

**Universal base for CARE that is international,**

**culturally sensitive,**

**trauma-informed,**

**multi-disciplinary,**

**client-centered,**

**occupation-based.**

**.**

**TRAUMA-INFORMED APPROACH**

1. **Use victim-centered approach.**

**(2) Screen for the risk of sex trafficking.**

**(3) Decriminalize victim.**

**(4) Open-ended questions, multiple sessions.**

**(5) Implement trauma-informed strategies/therapy.**

**(6) Decrease retraumatization: words, intervention, and location not reflect trafficking experience.**

**(7) Integrate health-risk goals (e.g., STD, memory).**

**(8) Include goals that promote**

* **Empowerment**
* **Self-worth**
* **Daily life decision making. (Hardy, Compton, & McPhatter, 2013).**

**Trauma-informed approach**

**Include goals that promote**

* **Empowerment**
* **Self-worth**
* **Daily life decision making**

**(Hardy, Compton, & McPhatter, 2013)**

**HEALING CENTERED ENGAGEMENT**

**(Ginwright, S. 2018).**

**SEX TRAFFICKING, PT, & OT**

**3P Protocol of United Nations, 2000**

* **Guidelines for programs and actions of**

--governments,

--private agencies,

--non-profits,

--individuals

* **Foundation for laws, methods, approaches within/across borders**
* **NOT legally directive.**

**(United Nations, 2020; United Nations Office of High Commission on Human Rights, n.d.).**

**TRAFFICKING LEGAL HISTORY INTERNATIONAL**

**United Nations, 2000, 2007**

* **Restitution for rehabilitation, inc. PT & OT.**

**World Health Organization (WHO).**

**International Classification of Functioning, Disability, and Health (ICF) (World Health Organization, 2020)**

**World Federation of Occupational Therapists (WFOT). (WFOT, n.d.)**

**World PhysioTherapy**

**(United Nations, 2020; United Nations Office on Drugs and Crime, 2009; United Nations Office of High Commission on Human Rights, n.d.).**

**TRAFFICKING, PT, & OT: USA**

* **United States TVPA provision for PT & OT**

**William Wilberforce Trafficking Victim Protection Act of 2000, 2008**

**Trafficking Victims Protection Reauthorization Act 2013, 2022**

**Federal Strategic Action Plan on Services for Victims of Human Trafficking in the United States (Cerny, 2016).**

18 U.S.C. §§ 1593(b(3) and 2259(b)(3)**.**

**SEX TRAFFICKING, PT & OT: USA**

* **American Occupational Therapy Association (AOTA) Vision 2025. (AOTA, 2017).**
* **OT Practice Framework (AOTA, 2014).**
* **AOTA and PT Code of Ethics (AOTA, 2015).**
* **State practice acts to define scope of practice.**
* **http://www.leg.state.fl.us/Statutes/index.cfm?App\_mode=Display\_Statute&URL=0400-0499/0468/Sections/0468.203.html**

**HUMAN TRAFFICKING: STATE LAWS**

* Education of law enforcement
* Education of related professionals
* Expunction of criminal records related to trafficking

--prostitution

--pornography

--drug related felonies

* HIV transmission
* Relocation assistance
* Damages & restitution
  + - * --general state funds
      * --trafficker

**SEX TRAFFICKING PT & OT**

**3P Protocol of United Nations, 2000**

**3P Protocol Components**

* **Prevention**
* **Protection**
* **Prosecution**

**(United Nations, 2020; United Nations, 2023; United Nations Office of High Commission on Human Rights, n.d.).**

**POTENTIAL OT ACTIONs**

**United Nations 3P Protocol**

**Prevention**

**Protection**

**Prosecution**

**(United Nations, 2020; United Nations Office of High Commission on Human Rights, n.d.).**

**POTENTIAL ACTIONs**

**PREVENTION**

**Awareness campaigns**

* **Public, schools, workplace**

**Educational endeavors**

* **Rehab practitioners, HC workers**

**Agency/facility rules and culture**

**Educate on potential trafficked**

**persons, trafficking behaviors**

**POTENTIAL ACTIONs**

**PROTECTION**

**Dedicated Recovery Intervention**

**Outreach**

**Alternative services**

* **Transitional programs**
* **Prison intervention**
* **Community integration**

**Males, LGBTQ populations**

**Identification of trafficked persons at work and outside of work**

**SPECIFIC EXPERTISE OF PRACTITIONERS**

**Rehabilitation:**

**Improved physical abilities**

**Trauma:**

**Work through presenting behaviors, feelings**

**NOT re-live, push, “resolve”**

**Triggers:**

**Sensory inputs 🡪 negative phybiopsychosocial reactions**

**smells sights tastes**

**sounds and noises tactile input**

**Internal: memories, feelings of anxiety, pain, anger,**

**Anniversary dates (Awkolaw, 2020).**

**POTENTIAL ACTIONs**

**PROSECUTION**

**Empowerment for legal process**

* **Changing legal status criminal**🡪**victim**
* **Criminal proceedings**

**Recovery programs for traffickers and purchasers**

**Porn addiction treatment**

**WHAT CAN PT & OT DO?**

**Evidence-Based Skills**

**Physical rehabilitation**

**Financial management**

**Self-care skills**

**Meal planning/nutrition**

**Leisure skills**

**Computer skills**

* **Social media**
* **Virtual education, cognitive skills**

**Education**

**Vocational skills**

**Home management**

**Community Integration**

**SENSORY APPROACH**

**OCCUPATION!**

**FUNCTION!**

**WHAT CAN I DO?**

**1. Donate lots of**

1. **Volunteer.**
2. **Be aware of triggers and reactions in clients, friends, children. Call 1-888-3737-888**

**4. VOTE! for local, state, and national politicians, laws, and amendments.**

**5. Check out with Buycott—Barcode Scanner &QR Bar Code Scanner.**

1. **Occupational Therapy Human Trafficking Network on Facebook™**
2. **The FREE Network.** [**https://www.freenetwork.us/**](https://www.freenetwork.us/)
3. **AOTA Occupational Injustice and Human Trafficking CEU 1 hour ---- available for reading** [**https://www.aota.org/~/media/Corporate/Files/Publications/CE-Articles/CEA\_January\_2020.pdf**](https://www.aota.org/~/media/Corporate/Files/Publications/CE-Articles/CEA_January_2020.pdf)**.**
4. **(Required) CEUs for HCP**
5. **Recycle, Reuse, Buy used!**

**QUESTIONS?**

**Thank you!!!**

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